



EFFORTLESS
Catering
BY



ORDERING MADE EASY

CALL TO ORDER (585)254-0078

1 **DECIDE THE DATE & TIME**

you would like your order.

VG VEGAN

V VEGETARIAN

2 **DOES PICK-UP OR DELIVERY**

work best for your event?

3 **DETERMINE THE NUMBER OF PEOPLE**

and plan your menu.

4 **CALL TO SPEAK WITH A CATERER**

to complete your order.

5 **YOUR ORDER WILL BE READY**

with everything you need for an amazing event sure to impress your guests.

LAST MINUTE ORDERS ARE WELCOME



EGGS & MORE

EGG BAKES

Upgrade to all egg whites
+\$4.99 per pan.

Small \$29.99, serves 6-8 Large \$54.99, serves 15-20

**HAM, ZUCCHINI,
& CHEDDAR**

**SCALLION, TOMATO, V
& SPINACH**
with cheddar

**SPINACH, ZUCCHINI, V
& MUSHROOM**
with asiago cheese

HAM & SWISS
with or without broccoli

CAPRESE V
tomatoes, basil, mozzarella
& balsamic reduction

MEDITERRANEAN V
with roasted red peppers,
feta, artichokes & pesto

ITALIAN SAUSAGE, PEPPERS, ONION, & MOZZARELLA

MAKE YOUR OWN EGG BAKE

Choose 3 toppings. Additional toppings \$3.99 per pan.

Meats: sausage, bacon, ham

Cheese: mozzarella, cheddar, feta, swiss

Veggies: zucchini, broccoli, tomato, peppers & onions, mushrooms, spinach, artichokes

EGG BREAKFAST BAR

Includes one choice of egg bake or scrambled eggs, one potato, and one protein. \$8.99 per person.

ADD-ONS

POTATOES

\$19.99, serves 8-10

ROASTED POTATOES VG

SWEET POTATOES VG

PROTEINS

\$1.99 per person, 2 slices per person

**TURKEY SAUSAGE
BACON**

**TURKEY BACON
CANADIAN BACON**

OATMEAL BREAKFAST BAR

Baked oatmeal with dried fruit, nuts & syrup



FRUIT & YOGURT

FRESH FRUIT TRAY

*Slices of assorted fresh seasonal fruit beautifully displayed.
Served with raspberry Greek yogurt for dipping.*

SMALL

\$39.99, serves 8-15

MEDIUM

\$54.99, serves 15-30

LARGE

\$69.99, serves 30-45

FRESH FRUIT SALAD

Assorted fruit cut into bite sized pieces, served in a bowl.

SMALL

\$29.99, serves 8-12

MEDIUM

\$49.99, serves 12-24

LARGE

\$59.99, serves 25-40

GREEK YOGURT PARFAIT BAR

*\$5.99 per person. Minimum order 10 people.
Includes chocolate chips, coconut flakes, granola,
marshmallows, currants, and seasonal fresh fruit.*

ADDITIONAL TOPPINGS

.99¢ per person

- | | |
|-----------------------|-------------------|
| Graham Crackers | Banana |
| Cinnamon Toast Crunch | Sliced Almonds |
| Peanuts | Banana Chips |
| Peanut Butter | Dried Cranberries |
| Raspberry Preserves | |



BREAKFAST SWEETS TRAYS

BAGEL & MUFFIN TRAY

Served with cream cheese & preserves.

SMALL

\$26 (12 pieces)

MEDIUM

\$51 (24 pieces)

LARGE

\$75 (36 pieces)

DOZEN BAGELS & CREAM CHEESE

\$18

BREAKFAST SWEETS TRAY

An assortment of danish, breakfast cakes, muffins and croissants.

SMALL

\$39 (15 pieces)

MEDIUM

\$59 (23 pieces)

LARGE

\$79 (34 pieces)



LUNCH PACKAGES

Call us for custom packages

*additional charges apply for specialty salads

SMALL

Serves 8-11

Wraps \$124.99

Sandwiches or subs \$134.99

MEDIUM

Serves 12-17

Wraps \$169.99

Sandwiches or subs \$179.99

LARGE

Serves 18-25

Wraps \$239.99

Sandwiches or subs \$249.99

- Choose 3-5 wrap, sandwich or sub selections
- Choose two side salads or chips
- Assorted cookies
- Bottled waters

BOX LUNCHESES

Served with choice of macaroni salad, cucumber & tomato salad, fruit salad, house salad or Sun Chips.

\$8.99 each

BUFFALO CHICKEN
BASIL PESTO CHICKEN SALAD
CHICKEN CAESAR
CHICKEN WALDORF

EGG SALAD
HAM & SWISS
TURKEY & SWISS
CUCUMBER & TOMATO HUMMUS **VG**

Choose one wrap, sandwich or sub, one side, bottled water.

Sandwiches add 99¢. Add a cookie for 99¢.

Wrap served on a **GLUTEN-FREE** wrap, +\$1.99.



WRAPS, SANDWICHES & SUBS

BASIL PESTO CHICKEN SALAD

with fresh white meat chicken & basil pesto aioli

BUFFALO CHICKEN

with scallions, celery & carrots

BUFFALO TOFU VG

with scallions, celery & carrots

CAPRESE CHICKEN

with basil, mozzarella, tomatoes & balsamic reduction

CAPRESE TOFU V

with basil, tomatoes, mozzarella & balsamic reduction

CHICKEN, BACON & AVOCADO

with roasted red peppers

CHICKEN CAESAR

with tomato, bacon & Caesar dressing

CHICKEN WALDORF

with cranberries, celery, scallions & almonds

CUCUMBER & TOMATO HUMMUS VG

with cucumber & tomato

EGG SALAD V

HAM & SWISS

with ham, Swiss cheese, mayo, tomato & red onion

ITALIAN ASSORTED

with ham, salami, provolone & basil pesto aioli

MEDITERRANEAN VG **HUMMUS**

with roasted red peppers, artichokes & scallions

PESTO CHICKEN

with roasted red peppers, artichokes, feta cheese & pesto

PESTO PORTABELLA V

with roasted red peppers, artichokes, feta & pesto

TUNA SALAD

traditional tuna salad, with carrots, celery & scallions

TURKEY BLT

with turkey, bacon, provolone, tomato, red onion & mayo

TURKEY & SWISS

with mayo, lettuce, tomato, onion & honey mustard aioli



ALL MEATS
SLICED
IN HOUSE

TRAYS & PLATTERS

WRAP & SANDWICH TRAYS

SMALL TRAY

Serves 8-11
Wraps \$49.99

MEDIUM TRAY

Serves 15-19
Wraps \$79.99

LARGE TRAY

Serves 20-25
Wraps \$104.99

SANDWICH PLATTER

5 whole (10 halves) \$46.99 | 9 whole (18 halves) \$79.99
white, wheat, rye bread or sub roll

DELI PLATTER

Served with turkey, ham, swiss cheese, provolone cheese, lettuce, tomato, onion, pickles, sandwich bread, honey mustard aioli, mayonnaise, hot sauce, yellow mustard and horseradish aioli. Includes one bag of chips.
\$8.99 per person. Minimum of 10 people per order.

MAKE-YOUR-OWN-SANDWICH

Served with turkey, ham, swiss cheese, provolone cheese, lettuce, tomato, onion, pickles, sandwich bread, honey mustard aioli, mayonnaise, hot sauce, yellow mustard, horseradish aioli, water, Sun Chips and choice of one side.
\$12.99 per person. Minimum of 10 people per order.



Add chicken or
tofu for \$3.99
per person.

SALADS

Heavier salads
may serve more
than green salads

All salads are vegetarian. Vegan are marked VG.

SMALL

\$29.99, serves 8-11

APPLE & CRANBERRY

apples, cranberries, sliced almonds,
sunflower seeds & honey vinaigrette

BEET & GOAT CHEESE*

with spring mix, beets, goat cheese,
red onion & raspberry vinaigrette

CAESAR

romaine tossed with bacon,
Parmesan, croutons & Caesar

CAPRESE

with tomatoes, basil, fresh
mozzarella & balsamic reduction

CLASSIC ITALIAN VG

with chick peas, tomato,
cucumber, carrots & croutons

CRANBERRY BROCCOLI

with carrots, broccoli, raisins,
feta & raspberry vinaigrette

CUCUMBER DILL YOGURT

with fresh cucumbers, dill,
greek yogurt & sour cream

MEDIUM

\$49.99, serves 12-17

FIELD GREEN SALAD VG

with tomatoes, cucumbers,
spring mix & balsamic

FRESH FRUIT VG

GARDEN VG

with romaine, spring mix, croutons,
tomatoes, cucumbers, matchstick
carrots, choice of ranch or balsamic

GREEK

with olives, feta, cucumber,
tomato & red onion

HARVEST*

with spring mix, romaine,
apples, walnuts, goat cheese,
dried cranberries
& apple cider vinaigrette

HOUSE

with roasted red peppers,
artichokes, feta cheese &
choice of balsamic or pesto

ITALIAN RED POTATO VG

Italian-style with
olive oil & herbs

LARGE

\$59.99, serves 18-25

ITALIAN TOMATO VG

fresh tomatoes tossed in olive oil
& herb blend with balsamic

MACARONI

with celery, scallions & carrots

MUSTARD POTATO SALAD

with celery & onion

PEAR & GORGONZOLA

with pears, walnuts, gorgonzola,
apple cider vinaigrette

THREE BEAN VG

traditional three bean salad

TOMATO & CUCUMBER VG

tossed in balsamic

SOUTHWESTERN*

with iceberg, romaine, red onion,
tomatoes, corn, black beans,
cheddar cheese & salsa

SUNFLOWER CAESAR

with romaine, croutons,
asiago cheese, sunflower
seeds, tomatoes & Caesar

*Additional charges for specialty salads.



ENTRÉES

SMALL

\$12.95

includes one entrée,
one salad, one side

MEDIUM

\$14.95

includes one entrée,
one salad, two sides
10 person minimum.

LARGE

\$17.95

includes two entrées,
one salad, two sides

CHICKEN

APRICOT CHICKEN

BAKED CHICKEN PARMESAN

BARBEQUE PULLED CHICKEN

CHICKEN CACCIATORE

CHICKEN FRENCH

CHICKEN MARSALA

CHICKEN PICCATA

LEMON GARLIC GRILLED CHICKEN

ROSEMARY THYME GRILLED CHICKEN

BEEF

BEEF BURGUNDY*

BEEF LASAGNA

BEEF STROGANOFF*

BEEF TENDERLOIN**

PRIME RIB**

ROAST BEEF**

SPAGHETTI & MEATBALLS

PORK

HONEY GARLIC PORK LION OR CHOP

ITALIAN SAUSAGE

PULLED PORK

FISH

HADDOCK FRENCH*

LEMON PEPPER TILAPIA

SALMON**

VEGETABLE

ARTICHOKE FRENCH **V**

BAKED ZITI **V**

BRUSCHETTA PASTA **V**

EGGPLANT PARMESAN **V**

PESTO PRIMAVERA **V**

VEGETABLE LASAGNA **V**

*Additional \$2.99 per person.

**Additional fees will apply.

SIDES

All sides are vegetarian. Vegan are marked VG.

ASPARAGUS (SEASONAL) VG

BAKED BEANS VG

COLESLAW

CORN SUCCOTASH VG

CREAMY SPINACH CASSEROLE

GREEK PASTA SALAD

HONEY GLAZED CARROTS

LEMON ALMOND GREEN BEANS VG

MASHED POTATOES

PASTA VG

ROASTED BROCCOLI VG

ROASTED RED POTATOES VG

ROASTED ROOT VEGETABLES VG

SALT POTATOES

SEASONAL SQUASH VG

SPANISH OR BROWN RICE VG

SPINACH & FETA COUSCOUS

SAUTÉED SPINACH VG

SWEET POTATOES VG

TRUFFLE BALSAMIC BRUSSELS SPROUTS VG

BEVERAGES

HOT COFFEE BOX

\$19.99, serves 10-12

Served with cups, creamers,
sweetener, stir sticks

HOT TEA

\$19.99, serves 10-12

Served with cups, sweetener, honey,
lemon, stir sticks, assorted tea

HOT CHOCOLATE

\$19.99, serves 10-12

Served with cups

JUICE

\$1.99 each (ask for details)

BOTTLED WATER

\$1.50 each

SELTZER

\$1.75 each

SNAPPLE

\$1.99 each

Ask us about our on-site beverage bars, including coffee, tea, infused water & juice

COOKIES

An assortment of freshly baked cookies.

**1
DOZEN**

\$10.99

**2
DOZEN**

\$22.99

**3
DOZEN**

\$33.99

Brownies and additional desserts available upon request.

CHIPS

SUN CHIPS™

\$1.25 per bag

Original, Harvest Cheddar,
French Onion, Garden Salsa



HEALTHY TRASH PLATE™

Minimum order of 10 people. Buffet or Food Truck.
Additional on-site food truck fees apply when applicable.

All plates are dairy free and gluten-free. Plates can be made vegan if needed. Egg allergy.

1 MEAT SPREAD

\$8.50 per person
Choice of 1 meat and 1 add-on

2 MEAT SPREAD

\$12.50 per person
Choice of 2 meats and 2 add-ons

3 MEAT SPREAD

\$14.00 per person
Choice of 3 meats and 3 add-ons

MEATS

Burger
Chicken
Tofu
Portobello Mushroom

ADD-ONS

Bacon
Meat Hot Sauce
Roasted Red Peppers
Artichokes
Roasted Peppers and Onions
Fresh Avocado
(Additional add-ons are 99¢ each)

INCLUDES

Sweet Potatoes, Coleslaw, Avocado Sauce, Bottled Water, Boats, Utensils & Napkins.
Add macaroni salad for 99¢ per person.



TACO BAR

SILVER PACKAGE

\$10.00 per person
Choice of one protein

GOLD PACKAGE

\$12.00 per person
Choice of two proteins

All packages come with Spanish rice, lettuce, and flour tortillas.
Choose four accompaniments. Additional accompaniments are 99¢ per person.
All packages include utensils, plates & servingware. Minimum order of 10.

PROTEIN

Pulled Chicken Beef Refried Beans

ACCOMPANIMENTS

Black Beans | Cheddar Cheese | Corn | Fresh Tomatoes
Onion | Salsa | Sour Cream

Fajita Vegetables Avocado
Additional \$1.99 per person Additional \$.99 per person

DESSERT

Assorted cookies, 99¢ per person

Gluten-free corn tortillas available upon request.