



# Winter Limited Box Lunch Menu

## LIMITED CATERING MENU DUE TO COVID-19

Choice of wrap - maximum of 5 different wraps per order

Includes wrap, sun chips, cookie, water and kraft paper box

\*all orders must be emailed to [effortlesslyhealthy@gmail.com](mailto:effortlesslyhealthy@gmail.com)\*

\*minimum order of \$200 for delivery\*

\*Catering available Tuesday-Friday between 11am-2pm\*

## WRAP SELECTIONS

### HAM AND SWISS

Ham, swiss cheese, tomato, spring mix,  
mustard and mayo packet on side

### CAPRESE TOFU\* VEGETARIAN

Tofu with tomatoes, mozzarella,  
pesto, balsamic reduction

### BUFFALO CHICKEN

Buffalo chicken with scallion,  
celery, matchstick carrots

### CHICKEN CAPRESE

Tofu with tomatoes, mozzarella  
pesto, balsamic reduction

### BUFFALO TOFU\* VEGAN

Tofu with scallion, celery,  
matchstick carrots, red hot

### CHICKEN WALDORF

Our most popular dish, chicken, celery,  
scallions, cranberries and honey aioli

### CHICKEN CAESAR

Chicken breast & bacon

### BASIL PESTO CHICKEN

Chicken breast tossed in our pesto aioli

## SALADS

Gluten Free

### GARDEN\* VEGAN

Cucumber, tomato, romaine,  
spring mix, balsamic dressing

### APPLE CRANBERRY \* VEGETARIAN

Apples, cranberries, sunflower seeds  
tossed in our house apple cider vinaigrette

Add chicken or tofu to any salad!