



BOXED LUNCH MENU

Served individually wrapped.

Choice of wrap served with Sun Chips, cookie and water.

\$11.99 deconstructed, \$12.99 in Kraft paper box.

WRAPS

OUR #1 SELLER

CHICKEN WALDORF

with cranberries,
celery, & scallions

BUFFALO CHICKEN

with scallions, celery & carrots
tossed in buffalo sandwich sauce

SOUTHWESTERN CHICKEN

with black beans, corn,
tomatoes, cheddar cheese & salsa

DILL CHICKEN SALAD

with cranberries, celery
& scallions

CHICKEN CAESAR

with tomatoes, bacon,
asiago & Caesar dressing

BASIL PESTO CHICKEN SALAD

with fresh white meat
chicken & basil pesto aioli

CURRY CHICKEN SALAD

with cranberries, celery
& scallions

CHICKEN, BACON & AVOCADO

with fresh avocado pulp,
roasted red peppers & bacon

PESTO CHICKEN

with roasted red peppers,
artichokes, feta & pesto

HAM & SWISS

with ham, Swiss cheese,
dijon aioli, tomatoes & red onion

VEGAN VEGGIE **VG**

with roasted red peppers,
artichokes, & balsamic reduction

VEGAN BUFFALO TOFU **VG**

with carrots, celery, scallions
& buffalo sauce

SOUTHWESTERN VEGGIE **V**

with black beans, corn,
tomatoes, cheddar cheese & salsa

PESTO VEGGIE **V**

with roasted red peppers,
artichokes, feta cheese
& basil pesto

SALADS

Gluten Free

GARDEN* VEGAN

Cucumber, tomato, romaine,
spring mix, balsamic dressing

APPLE CRANBERRY * VEGETARIAN

Apples, cranberries, sunflower seeds
tossed in our house apple cider vinaigrette

Add chicken or tofu to any salad!



Ways to order lunch

PACKAGES

All packages include two sides, cookies, bottled water.

SMALL

Serves 8, \$129.99

MEDIUM

Serves 14, \$179.99

LARGE

Serves 18, \$249.99

Add an additional wrap for \$7.99.

All packages come with wraps individually packaged.

Need to feed a certain amount of people? No problem!

Let us know and we will create a custom package for you!

WRAPS

OUR #1 SELLER

CHICKEN WALDORF

with cranberries,
celery, & scallions

BUFFALO CHICKEN

with scallions, celery & carrots
tossed in buffalo sandwich sauce

SOUTHWESTERN CHICKEN

with black beans, corn,
tomatoes, cheddar cheese & salsa

DILL CHICKEN SALAD

with cranberries, celery
& scallions

CHICKEN CAESAR

with tomatoes, bacon,
asiago & Caesar dressing

BASIL PESTO CHICKEN SALAD

with fresh white meat
chicken & basil pesto aioli

CURRY CHICKEN SALAD

with cranberries, celery
& scallions

CHICKEN, BACON & AVOCADO

with fresh avocado pulp,
roasted red peppers & bacon

PESTO CHICKEN

with roasted red peppers,
artichokes, feta & pesto

HAM & SWISS

with ham, Swiss cheese,
dijon aioli, tomatoes & red onion

VEGAN VEGGIE **VG**

with roasted red peppers,
artichokes, & balsamic reduction

VEGAN BUFFALO TOFU **VG**

with carrots, celery, scallions
& buffalo sauce

SOUTHWESTERN VEGGIE **V**

with black beans, corn,
tomatoes, cheddar cheese & salsa

PESTO VEGGIE **V**

with roasted red peppers,
artichokes, feta cheese
& basil pesto



Add chicken or
tofu for \$3.99
per person.

SIDES

All salads are vegetarian. Vegan are marked VG.

SMALL

Serves 8-11, \$39.99

MEDIUM

Serves 12-17, \$59.99

LARGE

Serves 18-25, \$69.99

APPLE & CRANBERRY

with romaine, spring mix, apples,
cranberries, sliced almonds & sunflower
seeds, served with apple cider vinaigrette

CAESAR

romaine tossed with bacon,
Parmesan & croutons,
served with caesar dressing

HOUSE

with romaine, spring mix, roasted
red peppers, artichokes, feta cheese
& choice of balsamic or pesto

GREEK

with romaine, spring mix, feta,
cucumber, tomato & red onion,
served with greek dressing

SUNFLOWER CAESAR

with romaine, croutons, asiago cheese,
sunflower seeds & tomatoes,
served with Caesar dressing

CLASSIC ITALIAN **VG**

with romaine, spring mix, chick peas,
tomato, cucumber, carrots & croutons,
served with italian dressing

GARDEN **VG**

with romaine, spring mix, croutons,
tomatoes, cucumbers & matchsticks,
served with choice of ranch
or balsamic dressing

TACO

with romaine, red onion, tomatoes,
corn, black beans & cheddar cheese,
served with salsa

GREEK PASTA SALAD

with roasted red peppers,
artichokes, Greek dressing & feta

MACARONI SALAD

with celery, red onion,
carrots & mayo

SUN CHIPS